

VITA

Eric Martin Sauer

The Graduate Center – Downtown
200 Ionia SW
Western Michigan University
Grand Rapids, Michigan 49503
(616) 771-4171 (Phone)
(616) 742-5085 (Fax)
Email: eric.sauer@wmich.edu

Education and Training

- 1999 Ph.D., Counseling Psychology
Michigan State University, East Lansing, MI
(APA-accredited training program)
- 1991 MA., Counseling Psychology
Ball State University, Muncie, IN
- 1988 B.S., Psychology
Michigan State University, East Lansing, MI

Licensure

- 2006-present: Licensed Psychologist (MI #6301011779)

Professional Experience

- 2006 - present: **Associate Professor and Co-Director**, Counseling Psychology Doctoral Program, Department of Counselor Education and Counseling Psychology, Western Michigan University.
- 2001- present: **Director**, Center for Counseling and Psychological Services-Grand Rapids, Department of Counselor Education and Counseling Psychology, Western Michigan University.
- 2006 – present: **Licensed Psychologist**, Jenison Psychological Services, Jenison, MI.
- 2001-2006: **Assistant Professor**, Counseling Psychology Doctoral Program, Department of Counselor Education and Counseling Psychology, Western Michigan University.

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- 1998-2001: **Assistant Professor**, Counselor Education Program, University of Wisconsin-Platteville.
- 2000-2001: **Post-Doctoral Intern**, Counseling and Consultation Services, University of Wisconsin-Madison.
- 1997-1998: **Pre-Doctoral Intern**, University Counseling Service, The University of Iowa.
- 1993-1997: **Limited Licensed Psychologist**, Meridian Professional Psychological Consultants, East Lansing, MI.
- 1994-1997: **Graduate Instructor**, Department of Counseling, Educational Psychology and Special Education, Michigan State University.
- 1994: **Part-Time Faculty**, Lansing Community College.
- 1991-1993: **Behavioral Psychologist/Psychotherapist**, Eastern Upper Peninsula Mental Health Board, Sault Ste. Marie, MI.
- 1990-1991: **Graduate Instructor**, Department of Speech Communications, Ball State University.
- 1988-1990: **Night Care, Mental Health Worker, Therapist**, Day Treatment Program Ingham County CMH, Lansing, MI.

Publications

Referred Journal Articles

- Boatwright, K. J., Lopez, F. G., Sauer, E. M., VanDerWege, A., & Huber, D. M. (in press). The influence of adult attachment styles on workers' preferences for relational leadership behaviors, *The Psychologist-Manager Journal*.
- Huber, D. M., Sauer, E. M., & Mrdjenovich, A. J. (in press). Contributions to advisory working alliance: Advisee attachment orientation and pairing methods, *Training and Education in Professional Psychology*.
- Sauer, E. M., Anderson, M. Z., Gormley, B, Richmond, C. J., & Preacco, L. Client attachment orientations, working alliances, and responses to treatment with therapists-in-training (under review).
- Sauer, E. M., & Huber, D. M. (2007). Implementing the Boulder Model of training in a psychology training clinic. *Journal of Contemporary Psychotherapy*, 37, 221-228.

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Vespia, K. M., Sauer, E. M., & Lyddon, W. J. (2006). Introduction to the Special Issue: Counselling psychologists as scientist-practitioners: Finding unity in diversity. *Counselling Psychology Quarterly*, *19*, 223-227.

Vespia, K. M., & Sauer, E. M. (2006). Defining characteristic or unrealistic ideal: Historical and contemporary perspectives on scientist-practitioner training in counseling psychology. *Counselling Psychology Quarterly*, *19*, 229-251.

Sauer, E. M. (2006). Living the scientist-practitioner model in a psychology training clinic. *Counselling Psychology Quarterly*, *19*, 293-304.

Munley, P. H., Duncan, L. E., McDonnell, K. A., & Sauer, E. M. (2004). Counseling psychology in the United States of America. *Counselling Psychology Quarterly*, *17*, 247-271.

Sauer, E. M., Lopez, F. G., & Gormley, B. (2003). Respective contributions of therapist and client adult attachment orientations to the development of the early working alliance: A preliminary growth modeling study. *Psychotherapy Research*, *13*, 371-382.

Lopez, F. G., Melendez, M. C., Sauer, E. M., Berger, E., & Wyssmann, J. (1998). Internal working models, self-reported problems, and help-seeking attitudes among college students. *Journal of Counseling Psychology*, *45*, 79-83.

Steward, J. R., Boatwright, K. J., Sauer, E. M., Baden, A., & Jackson, J. D. (1998). The relationship among counselor-trainees' gender, cognitive development, and white racial identity: Implications for counselor training. *Journal of Multicultural Counseling and Development*, *26*, 254-272.

Lopez, F. G., Gover, M. R., Leskela, J., Sauer, E. M., Schirmer, L., & Wyssmann, J. (1997). Attachment styles, shame, guilt, and collaborative problem-solving orientations. *Personal Relationships*, *4*, 187-199.

Steward, J. R., O'Leary, K. J., Boatwright, K. J., & Sauer, E. M. (1996). Social support networks of successful students: A study of race, ethnicity and sex. *Journal of College Student Development*, *37*, 97-98.

Book Chapters

Bischof, G. H., Anderson, M. L., Simpson, C. D., Sauer, E. M., Craig, S. E (2009). Supervision of applied specialties: Unique aspects In N. Pelling, J. Barletta, & P. Armstrong (Eds.) *The Practice of Clinical Supervision* (pp. 296-336). Queensland, AU: Australian Academic Press.

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Guest Editor of Special Journal Issue

Vespia, K. M., Sauer, E. M., & Lyddon, W. J. (2006). Counselling Psychologists as Scientist-Practitioners: Finding Unity in Diversity – A North American Perspective. *Counselling Psychology Quarterly*, 19, issue #3.

Unpublished Research

Sauer, E. M. (1999). *Therapist and client adult attachment: A longitudinal examination of the therapeutic working alliance*. Unpublished doctoral dissertation, Michigan State University, East Lansing, Michigan.

Sauer, E. M. (1991). *The imposter phenomenon: locus of control, sex, level of education, generation status, age and race in a college population*. Unpublished master's thesis, Ball State University, Muncie, Indiana.

Other Professional Publications

Sauer, E. M., Barraclough, D. J., & Ingram, C. (June, 2005). Empirically supported therapeutic relationships: Implications for Training Clinics. *Newsletter of the Association of Directors of Psychology Training Clinic*, 5-7.

Sauer, E. M. (February, 2003). Outcome Questionnaire (OQ45.2). *Newsletter of the Association of Directors of Psychology Training Clinic*, 5, 2.

Steward, R., Boatwright, K. J., & Sauer, E. M. (1995). *Examining the relationships between stages of racial identity, cognitive development, and multicultural counseling training*. (ERIC Document Reproduction Service No. ED392874).

Funded Grant Proposals

2005: *A Proposal to Develop The Center of Career Services and Human Resources Development at the Grand Rapids Campus of WMU*. (Co-Investigator), (\$212,304).

2001-2005: *Spectrum Health Hospitals Agreement for Clinical Affiliations*. PI, (\$23,590).

Authored or co-authored refereed and invited presentations

Callahan, J. L., & Sauer, E. M. (February, 2009). Beyond Individual Psychotherapy: Using Training Clinics to Promote Clinical Competence in Research, Program Evaluation, and Supervision. Invited symposium to be presented at the 2010 Joint Conference of Training Councils in Psychology, Orlando, FL.

Sauer, E. M., Callahan, J. L., Huber, D. M., & Davis, J. M. (March, 2009). *Technological Applications in Psychology Training Clinics*. Paper presented at the mid-year meeting of the Association of Directors of Psychology Training Clinics, Chapel Hill, NC.

- Cooper, L., Terry-Friedman, P., Hatcher, R., Heffer, R.W., R.L., Lewis, B., Sauer, E., & Wise, E. (March, 2009). *Evolution of ADPTC: Beginnings, present, and future -- Where do we go from here?* Panel discussion presented at the mid-year meeting of the Association of Directors of Psychology Training Clinics, Chapel Hill, NC.
- Huber, D.M., Sauer, E. M., VanderWal, B., & Wolff, K. (2008, June). *Psychology Training Clinics: A Model Setting for Assessment Batteries*. Poster presented at Division 17 Great Lakes Conference on Counseling Psychology, Grand Rapids, MI.
- Richmond, C., Bischof, G., & Sauer, E. M. (2007, November). *A Study of Intake and Assessment in Solution Focused Brief Therapy*. A workshop presented at the Conference on Solution-Focused Practices, Toronto, Canada.
- Sauer, E. M., & Huber, D. M. (2007, August). *Advisory Working Alliance: Contributions of Advisee-Attachment Orientations*. Poster session to be presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Sauer, E. M. (2006, August). The development of scientific thinking in practicum. In E. M. Sauer (Chair), *Incorporating research and systematic data collection in the practicum*. Symposium presented at the annual meeting of the American Psychological Association, New Orleans, LA.
- Huber, D. M., & Sauer, E. M. (2006, April). Review of the therapeutic and advisory working alliances with advising considerations. Paper presented at the Division 17 Great Lakes Conference on Counseling Psychology, Purdue, IN.
- Sauer, E. M. (2006, March). *How to establish research at your training clinic*. Panel discussion moderated at the annual meeting of the Association of Directors of Psychology Training Clinics, Santa Barbara, CA.
- Sauer, E. M., Anderson, M. Z., Cane, T., & Gormley, B. (2005, August). *Therapist and client attachment: Impacts on counseling process and outcome*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.
- Anderson, M. Z., Kerby J. A., & Sauer, E. M. (2005, August). *Psychometric evaluation of the Client Attachment to Therapist Scale*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.
- Hatcher, R., Lassiter, K. D., & Sauer, E. M. (2005, August). *Update on competency documents and on clinic practice research networks*. Workshop presented at the annual meeting of the Association of Directors of Psychology Training Clinics, Washington, DC.

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- Sauer, E. M., Barraclough, D. J., & Ingram, C. (2005, March). *Empirically supported therapeutic relationships: Implications for psychology training clinics*. Workshop presented at the midyear meeting of the Association of Directors of Psychology Training Clinics, Austin, TX.
- Sauer, E. M. (2004, August). Psychology training clinics: Closing the gap between science and practice. In V. Barnette (Chair), *Scientist-practitioner model: Four counseling psychologists report*. Symposium presented at the annual convention of the American Psychological Association, Honolulu, HI.
- Sauer, E. M. (2004, March). *Using the Outcome Questionnaire in psychology training clinics*. Paper presented at the midyear meeting of the Association of Directors of Psychology Training Clinics, Miami FL.
- Sauer, E. M., Anderson, M. Z., Preacco, L., Richmond, C. J., Klimek, E. J., & Gormley, B. (2003, August). *Client attachment, working alliance, and counseling outcome*. Poster session presented at the annual convention of the American Psychological Association, Toronto, Canada.
- Gray, G., & Sauer, E. M. (2002, August). *Evaluating treatment outcome*. Paper presented at the annual meeting of the Association of Directors of Psychology Training Clinics, Chicago, IL.
- Tregerman, E., & Sauer, E. M. (2002, April). *Run your blues away: Using aerobic exercise to reduce depression*. Poster session presented at the Division 17 Great Lakes Conference on Counseling, East Lansing, MI.
- Sauer, E. M. (2002, April). Clinic director and assistant professor at a large regional university. In E. M. Sauer (Chair), *Early career development of counseling psychologists: Perspectives from diverse settings*. Symposium presented at the Division 17 Great Lakes Conference on Counseling, East Lansing, MI.
- Sauer, E. M., Boatwright, K. J. & Lopez, F. G. (2001, August). *Leadership preferences: Adult attachment styles, gender and work context*. Poster session presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Sauer, E. M. (2001, March). Hey! What about doing some research around here? In R. J. Steward (Chair), *Making a Difference in the Training of Master's-Level Counselors*. Symposium presented at the 4th National Counseling Psychology Conference, Houston, TX.
- Sauer, E. M., Rice, K. G., Evans, A. L., & Fink, S. (2000, August). *Impact of attachment and gender on adolescent psychosocial functioning*. Poster session presented at the annual convention of the American Psychological Association, Washington, DC.

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- Steward, R. J., Friedrich, T., Sauer, E. M., Boatwright, K., Baden, A., Breland, A. M., Neil, D., & Miller, M. A. (2000, April). *White counselor trainees' and attitudes about interracial relationships*. Poster session presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.
- Boatwright, K. J., & Sauer, E. M. (2000, April). *The influence of attachment styles in the worker-employee relationship*. Poster session presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.
- Sauer, E. M., & Mucha, M. (1999, October). *The role of adult attachment in therapeutic relationships*. Invited sectional presented at the annual conference of the Wisconsin Counseling Association, Madison, WI.
- Sauer, E. M. (1999, August). The longer-term impact of the Michigan State Model. In F. G. Lopez (Chair), *Training counseling psychologists as teachers: The Michigan State model*. Symposium conducted at the annual convention of the American Psychological Association, Boston, MA.
- Sauer, E. M. (1998, August). In J. M. Polansky (Chair), *Training issues arising from campus characteristics of college counseling centers*. Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Sauer, E. M., & Lopez, F. G. (1998, August). *Client and therapist attachment: An examination of the working alliance*. Poster session presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Keeton, P., Sauer, E. M., & AL-Darmaki, F. (1998, February). *Consultant on duty: Changing the nature of the initial clinical contact*. Paper presented at the annual Big Ten Counseling Centers Conference, East Lansing, MI.
- Lopez, F. G., Berger, E., Fuendeling, J., Melendez, M., Sagula, D., Sauer, E. M., Thomas, K., & Wyssmann, J. (1996, April). *Predictors of distress and help-seeking attitudes among college students: An attachment-theoretical perspective*. Symposium presented at the Division 17 Great Lakes Conference on Counseling Psychology, Muncie, IN.
- Sauer, E. M. (1995, August). Relationships among white racial identity, multicultural competency and counseling performance. In R. J. Steward (Chair), *Rethinking the application of racial identity developmental theory, training, and counseling applications*. Symposium presented at the annual convention of the American Psychological Association, New York, NY.
- Wyssmann, J., Gover, M., Schirmer, L., Leskela, J., Sauer, E. M., Melendez, M., Thomas, K., & Berger, E. (1995, March). *Adult attachment styles, guilt, shame, and problem solving orientations: Some preliminary findings*. Symposium presented at the Division 17 Great Lakes Conference on Counseling Psychology, OH.

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Honors and Awards

Recipient, Faculty Research Travel Fund, Research and Sponsored Programs, WMU, 2002, 2004

Recipient, Dean's Fund for Faculty Development, UW-Platteville, 1999, 2000, 2001

Recipient, 1998 American Psychological Association Student Travel Award

Recipient, Norman Kagan Endowed Scholarship in Graduate and Professional Studies, College of Human Medicine & College of Education, 1997

Recipient, Dean's Citation for Academic Excellence, Ball State University Graduate School, 1991

Service

Editorial and Review Service

Editorial Board Member, *The Counseling Psychologist*, 2007-2009

Editorial Board Member, *Journal of Counseling Psychology*, 2007-2009

Ad-hoc reviewer, *The Counseling Psychologist*, 2002-2006, 2010-present

Ad-hoc reviewer, *Journal of Counseling Psychology*, 2001-2006, 2010-present

Ad-hoc reviewer, *Training and Education in Professional Psychology*, 2008-present

Ad-hoc reviewer, *Psychology and Psychotherapy: Theory, Research and Practice*, 2009-present

Ad-hoc reviewer, *Professional Psychology: Research and Practice*, 2007

Ad-hoc reviewer, *Psychotherapy Research*, 2006

Involvement in National Service

President, Association of Directors of Psychology Training Clinics, 2010-2012

President Elect, Association of Directors of Psychology Training Clinics, 2007-2010

Site Visitor, American Psychological Association, 2007-present

Member, Council of Counseling Psychology Training Programs, 2006-present

Convention Program Committee Member, Society of Counseling Psychology, 1999-2002

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Program Reviewer, 4th National Counseling Psychology Conference, 2000

Executive Committee, Member-at-Large, Association of Directors of Psychology Training Clinics, 2003-2007

Committee, Task Force on New Director Training Program, Association of Directors of Psychology Training Clinics, 2005-present

Co-chair, Practice Research Network, Association of Directors of Psychology Training Clinics, 2002-present

Chair, Task Force on New Director Training Program, Association of Directors of Psychology Training Clinics, 2002-2005

Teaching responsibilities

Western Michigan University

Field Practicum (CECP 6130)

Doctoral Practicum: Clinical Supervision (CECP 6930e)

University of Wisconsin-Platteville

Developmental Group Counseling

Introduction to Professional Counseling

DSM-IV: Diagnosis and Assessment of Psychopathology

Practicum I & II – Community/Adult Counseling

Counseling Theories

Adult/Community Counseling

Human Services Theories

Crisis Group Counseling

Michigan State University

Social-Emotional Development of School-Aged Youth

Dynamics of Personal Adjustment

Substance Abuse

Lansing Community College

Introduction to Personality

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Involvement in Graduate Research Programs

Chair of Master's Theses (University of Wisconsin-Platteville)

Evans, A. L. *An examination of the attachment, perfectionism, and self-esteem of adolescent emotional-growth boarding school students.* (Degree granted August 2000).

Norland, E. *Exploration of the potential therapeutic effects of community service for teens.* (Degree granted August 2001).

Doctoral Chair (Western Michigan University)

Daniel M. Huber. The scholarly activity predictor model among counseling psychology doctoral students: A modification and extension (Dissertation defended 12/2009).

Doctoral Committees (Western Michigan University)

Richmond, C. J. *A study of intake and assessment in solution-focused brief therapy.* (Doctoral degree granted December, 2007).

University, School, Departmental or Administrative Service

Western Michigan University

Co-Director of Training, Counseling Psychology Doctoral Program, 2006-present

Member, Counseling Psychology Training Committee, 2001-present

Member, Program Committee, Great Lakes Regional Conference, 2008

Chair, Hospitality Committee, Great Lakes Regional Conference, 2003

Member, Program Committee, Great Lakes Regional Conference, 2003

University of Wisconsin-Platteville

Counselor Education Program:

Program Director, 2001

Coordinator, Community Counseling Track, 1998-2001

Director, Graduate Assistantship Program, 1999-2001

Member, Faculty Search and Screen Committee, 1999

School of Education:

Member, Comprehensive Exam Committee, 1998-2001

Member, School Tenure Review Board, 1999-2002

Member, Health and Physical Ed. Search and Screen Committee, 2000

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Member, Freudenreich Endowment Selection Committee, 2000

University/System Service:

Chancellor's Mentor (for new students of color), 1999-2001

Member, UW-Extension Strategic Planning Committee, 1999-2000

University Mentor, 1999-2001

Member, Graduate Council, 2001

Member, IRB for Protection of Human Subjects, 2000-2001

Member, Ethics Committee, 2000-2001

Member, Alcohol and Drug Advisory Committee, 2000-2001

Member, Committee for Extension/UWP Engaged University, 2000-2001

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