

Honors and Awards

Award Recipient (National):

- 2003 *Fellow*
Presented by the Research Consortium of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Philadelphia, PA, April 5, 2003
- 2003 *Best Practice Award for Comprehensive Service in Education: Build a Future Without AIDS*, Presented by the American Association of Colleges for Teacher Education (AACTE), New Orleans, LA, January 27, 2003
- 2002 *Presidential Citation*, American Association for Health Education, Presented by Dr. David Birch, April 12th, 2002
- 1997 *Eta Sigma Gamma Advisor of the Year: National Award*, Presented by the National Eta Sigma Gamma Health Education Honorary at national meeting in Daytona Beach, FL, October 24, 1997
- 1997 *Teaching Activity of the Year Award for Tobacco Teach (Advisor)*, Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Daytona Beach, FL, October 24.
- 1997 *Service Activity of the Year Award for HealthQuest: (Advisor)*, Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Daytona Beach, FL, October 24, 1997
- 1996 *Service Activity of the Year Award for Great American Smokeout (Advisor)*, Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in St. Louis, MO.
- 1995 *Service Activity of the Year Award for AIDS Awareness Concert (Advisor)*, Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Milwaukee, WI.
- 1994 *Teaching Activity of the Year Award for World AIDS Day Awareness Project (Advisor)*, Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University, at national meeting in Houston, TX.
- 1988 *Outstanding Merit for Research Award* from the Secretary's Award for Innovations in Health Promotion and Disease Prevention Program sponsored by the United States Department of Health and Human Services titled: *Cognitively Oriented Programs for Excessive Stress (COPES): A Comparison of Three Stress Management Programs for Asymptomatic Adolescents*.

Award Recipient (State):

2002 ***University Professor of the Year***, Presented by Michigan Association for Health, Physical Education, Recreation, & Dance, November 7th, Battle Creek, MI.

Award Recipient (Local):

2002 *College of Education Teaching Excellence Award*, presented April 19th, 2002

1999 *Honor Award* presented by the Gamma Mu Chapter of Eta Sigma Gamma, April 18th, Kalamazoo, MI

1995 *Distinguished Service Award* presented by the Gamma Mu Chapter of Eta Sigma Gamma, April 6th, Kalamazoo, MI.

1994 *Distinguished Service Award* presented by the Gamma Mu Chapter of Eta Sigma Gamma, April 10th, Kalamazoo, MI