

Individual Honors and Awards

National Awards

- 2003 *AAHPERD Fellow* Presented by the Research Consortium of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Philadelphia, PA, April 5, 2003
- 2002 *Presidential Citation, American Association for Health Education*, Presented by Dr. David Birch, April 12th, 2002
- 1997 *Eta Sigma Gamma Advisor of the Year: National Award*, Presented by Eta Sigma Gamma Health Education Honorary, Daytona Beach, FL, October 24, 1997
- 1997 *Teaching Activity of the Year Award for Tobacco Teach* (Advisor), Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Daytona Beach, FL, October 24.
- 1997 *Service Activity of the Year Award for HealthQuest*: (Advisor), Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Daytona Beach, FL, October 24, 1997
- 1996 *Service Activity of the Year Award for Great American Smokeout* (Advisor), Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in St. Louis, MO.
- 1995 *Service Activity of the Year Award for AIDS Awareness Concert* (Advisor), Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University at national meeting in Milwaukee, WI.
- 1994 *Teaching Activity of the Year Award for World AIDS Day Awareness Project* (Advisor), Presented by the National Eta Sigma Gamma Health Education Honorary to the Gamma Mu Chapter at Western Michigan University, at national meeting in Houston, TX.
- 1988 *Outstanding Merit for Research Award* from the Secretary's Award for Innovations in Health Promotion and Disease Prevention Program sponsored by the United States Department of Health and Human Services titled: *Cognitively Oriented Programs for Excessive Stress (COPES): A Comparison of Three Stress Management Programs for Asymptomatic Adolescents*.

State Awards

- 2002 *University Professor of the Year*, Presented by Michigan Association for Health, Physical Education, Recreation, & Dance (MAHPERD), Battle Creek, MI.

Local Awards

- 2006 *Presidential Citation*, Gamma Mu Chapter of Eta Sigma Gamma, Kalamazoo, MI
- 2005 *Presidential Citation*, Gamma Mu Chapter of Eta Sigma Gamma, Kalamazoo, MI
- 2002 *College of Education Teaching Excellence Award*, Western Michigan University
- 1999 *Honor Award*, Gamma Mu Chapter of Eta Sigma Gamma, Kalamazoo, MI

1995 *Distinguished Service Award*, Gamma Mu Chapter of Eta Sigma Gamma, Kalamazoo, MI.

1994 *Distinguished Service Award*, Gamma Mu Chapter of Eta Sigma Gamma, Kalamazoo, MI

Program Honors and Awards

2003 *Best Practice Award for Comprehensive Service in Education: Build a Future Without AIDS*, Presented by the American Association of Colleges for Teacher Education (AACTE), New Orleans, LA, January 27, 2003