

PROFESSIONAL COMPETENCE & DEVELOPMENT

Synopsis of Instructional Competency

Currently, I am the primary school health faculty in the Department of Health, Physical Education, and Recreation (HPER). I have taught at one time or another 32 of the courses in the Health Education program and have supervised health education teacher candidates for the past 14 years. I also have been responsible for preparing the School Health Education program documents for initial accreditation review by the American Association of Health Education (AAHE) and the National Council for Accreditation of Teacher Education (NCATE; approved in 1996), the 5-year interim report (re-approved in 2002), as well as the Michigan Department of Education Health Education Program Review materials (approved 2000). My teaching style has evolved into one that uses guided real-world experiences that enable candidates to develop knowledge and skills, and which encourages candidates to become self-directed learners and critical thinkers. This philosophy of teaching has permeated my courses.

Teaching Assignments:

- HPER 100 Health for Better Living (4 hours)
- HPER 102 * Relaxation / (Cycling) (.5 hours)
- HPER 111 * Healthy Living (2 hours)
- HPER 155 *+ Foundations of Health Education (3 hours)
- HPER 220 * Basic Health Concepts I (3 hours)
- HPER 221 * Basic Health Concepts II (3 hours)
- HPER 300 * Health Education Seminar (Professional Competencies; variable hours)
- HPER 300 * Teaching Sexuality Education (3 hours)
- HPER 312 *+ Planning School Health Programs (3 hours)
- HPER 316 * Behavior Change Strategies and Skills (2 hours)
- HPER 316 * Computer Resources/Applications in Health Education (2 hours)
- HPER 316 * HIV Education for Teachers (2 hours)
- HPER 316*+ Managing Stress, Anger, and Conflict (2 hours)
- HPER 316 * Preventing Violence in Schools (2 hours)
- HPER 316 * Stress Management (2 hours)
- HPER 316 *+ Managing Stress, Anger, and Conflict (2 hours)
- HPER 316 * Wellness & Lifestyles (2 hours)
- HPER 352 *+ Teaching Health in Elementary Schools (2 hours)
- HPER 382 * Measurement/Evaluation in Health Education (School Health Lab; 1 hour)
- HPER 412 *+ Teaching Strategies & Skills in Health Education (3 hours)
- HPER 410 *+ Seminar for Health Education (2 hours)
- HPER 475 *+ Health Education Internship Supervision (2 hours)
- HPER 516 * AIDS Awareness (1 hour)
- HPER 516 * The AIDS Memorial Quilt: Washington DC Display (1 hour)
- HPER 516 * Behavior Change Strategies & Skills (2 hours)
- HPER 516 * Death & Dying (1 hour)
- HPER 516 * HIV/AIDS Education for Teachers (2 hours)
- HPER 516 * HIV/AIDS Education for Teachers & Coaches (2 hours)
- HPER 516* Chemical Health for Athletes and Coaches (2 hours)
- HPER 516 * Problem-Solving Approaches to Health Behavior (1 hour)
- HPER 516 * Stress Management (2 hours)
- HPER 516 * Women's Health Issues (2 hours)
- HPER 516 *+ Sexuality Education (3 hours)

(+denotes current course assignments; * denotes new course development)

Other Collegiate Assignments:

- ◆ Supervisor: Health Education Intern Teachers (1990-present)
- ◆ Faculty Mentor for new department faculty (2001-04)
- ◆ Conducted Assessment of School Health Education Program (2002-2004)
- ◆ Development of Masters Degree in Health Education (School Emphasis, 1991-1996)
- ◆ Prepared National Council for Accreditation of Teacher Education (NCATE) Folio and Rejoinder for Health Education Program (approved 1996; re-approved 2001)
- ◆ Prepared School Health Education Program Review Document for the Michigan Department of Education (approved 2000)
- ◆ Coordinator of Health Education (1995-1998)
- ◆ Conducted/Supervised Undergraduate Independent Studies:
 - Gina Ross, HPER 300 (1-hour) Environmental Health for Schools: Education and Advocacy
 - Clare Bacigal, HPER 300 (1-hour) A Sexual Education Unit for “Opting-Out” Students
 - Jeremy Mansfield, HPER 155 (3-hour) Independent Study
 - Nathan Hill, HPER 300 (1-hour) A Sexual Education Unit for “Opting-Out” Students
 - Laura Osborne and Jessica Harper: HPER 300 (3-hours) A Review of School Health Practices in Scotland
 - Elizabeth Madeleine: HPER 300 (1-hour) Outcomes of a Conference for School-based Sexual Health
 - Meredith Behnke: HPER 300 (1-hour) Assessing Violent Attitudes and Behaviors Among Elementary Students
 - Carrie Putt: HPER 300 (1-hour) Assessing Needs and Program Development for Violence Prevention
 - Marie Copeland: HPER 300 (1-hour) Assessing College Student Health with the LAQ
 - Rebecca Droog: HPER 300 (1-hour) Needs Assessment in School Health
 - Victoria Voss: HPER 300 (1-hour) Quilt Education: A Lesson Plan for the AIDS Memorial Quilt
 - Cathleen Anema: HPER 300 (1-hour) Health Resources for College Athletes
 - Julie Os: HPER 300 (1-hour) Creating a HIV/AIDS Resource for Hispanic Students
 - Roger Pumford: HPER 312/412
- ◆ Graduate and Lees Honor College Thesis Committees:
 - Debra Braley (Member, Graduate Thesis Committee, 2005)
 - Kerry McCullar (Member, Graduate Thesis Committee, 2004)
 - Michelle Ponzio (Chair, Lees Honor College Thesis Committee, 2001)
 - Thomas Durkee (Member, Lees Honor College Thesis Committee 2001)
 - Bruce Martin (Graduate Thesis Committee Member, 1999)
 - Elizabeth Klein (Lees Honor College Thesis Committee Member, 1996)
 - Kevin Demers (Graduate Thesis Committee Member, 1994)
 - Pat Bromfield (Graduate Thesis Member, 1994)
- ◆ University Committee Memberships:
 - University Sabbatical Committee, College of Education Representative (2003-2005)
 - Professional Educator's Board (2000-2003)
 - Undergraduate Curriculum Committee (Vice-Chair) (January 1994-April 2000)
 - NCAA Self-Study Committee for Division of Intercollegiate Athletics Accreditation, Governance and Commitment to Rules Equity Sub-Committee (1997-1998)
 - HIV/AIDS Education and Prevention Committee (Member, 1996-1999)
 - Health Resource Advisory Committee (Member, 1995-1996)
 - WMU Athletic Department, Drug Education Task Force--Education Subcommittee (Member, 1993-1995)
 - Southwest Michigan AIDS Quilt Project Host Committee (Member, 1993-1995)
 - Education Subcommittee, Southwest Michigan AIDS Quilt Project (Co-Chair, 1993-1995)

- ◆ College of Education Committee Memberships:
 - Sabbatical Committee (2003-2005)
 - Professional Educator's Board (2000-2003)
 - Restructuring-Design Group (1997-1998)

- ◆ Department Committee Memberships:
 - Personnel Committee (Member, 2002-2005)
 - Chair, Search Committee, Pedagogy/Motor Behavior Position
 - Curriculum Committee (Chair, 1995-96) (Member, 1991-2000)
 - Scholarships/Awards Committee (Member, 1993-1998)
 - Merit Committee (Member, 1992-1995)
 - Graduate Committee (Member, 1991- 1995)

- ◆ Faculty Advisor for Student Organization:
 - Gamma Mu Chapter of Eta Sigma Gamma, National Health Education Honorary, 1993 (chartered/installed)-1998; 2003-present