

whole number and subtracting the proton number, Z. For example, Gold is Au (from the Latin, aurum). It has an atomic number of 79 and an atomic weight of 196.9665. If you panned for gold in the streams of California, and accumulated 1 mole of gold atoms (1 mole of anything is one Avogadro's Number of anything; Avogadro's Number, $N_A = 6.02 \times 10^{23}$) then it would have a mass of 196.9665 grams (which is 0.1969665 kg or, on the surface of the Earth, it would have a weight of 0.43 pounds). The most common isotope of gold should have an A = 197. Gold-197, or $^{197}_{79}\text{Au}$, would have Z = 79 protons and N = A - Z = 118 neutrons. For most of the naturally occurring elements in the Periodic Table, the most common isotope should be expected to be stable, and not radioactive.

79
Au
Gold
196.9665

So, what does it mean to be radioactive? A radioactive nucleus is one that emits something, either particles or energy or both. (Usually both.) This is because there is too much stuff in the nucleus and that makes it unstable. And so it has to

get rid of that excess in some manner. Take excessive energy – the protons and neutrons in the nucleus can absorb and release energy just like those orbiting electrons could, and just like electrons, nuclear quantum mechanics controls which amounts of energy are allowed and which are not. And so every isotope has a *nuclear spectrum* just like it has an *electronic or atomic spectrum* – so every isotope's nucleus reveals a fingerprint of energy that identify it. But while most electrons give up energy as visible, infrared or ultraviolet light, the energies in the nucleus are much much higher, and they give off light as X-rays and gamma rays (γ -rays).

The three main types of radiation are named after the first three letters of the Greek alphabet: alpha, beta and gamma. *Alpha particles* are actually the nuclei of that really stable Helium-4 atom. It is because of alpha decay in naturally occurring radioactive materials in the ground that we have any helium on the Earth at all, and in particular, the same geological formations that tend to accumulate petroleum and natural gas, also tend to collect this helium gas. Because we are pulling out two protons from the nucleus of the unstable atom, alpha decay changes the atomic number, Z, by two and thus changes the element. Often the Z & N combination of the new element is also an unstable isotope, and so we may have a series of radioactive decays in a *decay chain*. It turns out that *beta particles* are also things that we know: they turn out to be electrons. Where do the electrons come from? Well, one of the *nucleons*, a proton or a neutron, ends up breaking into several pieces, but somehow the net charge has to remain the same, so a positive or negative electron is formed. Actually beta decay is a little complicated, because there are three main kinds of beta decay. In β^- decay, an ordinary electron is created as a neutron turns into a proton and an electron, which is kicked out of the nucleus. In β^+ decay, a proton turns into a neutron and a positive electron, or *positron*. Positrons are examples of *anti-matter*, stuff that is just like matter but opposite in sign. Positrons don't last long because they will eventually run into an electron and then we'll have *matter-anti-matter annihilation*; all the mass is turned into energy (two gamma rays) via Einstein's $E=mc^2$. In the third type of beta decay, called *electron capture*, the nucleus snatches an inner electron and a proton combines with it to form a neutron. It's kind of like doing algebra on the positron reaction, by subtracting the positron from both sides – a negative positron is a just a regular electron. In all three cases, we also change the element, because Z becomes $Z \pm 1$. In addition, another funny particle, called a *neutrino*, or "little neutral one", is emitted. Neutrinos are very important to conservation laws in physics, but they have little impact on us or anything else. These particles, which may have a teeny mass, travel at (or extremely close to) the speed of light, and if one neutrino were to tunnel its way through something like 750 light years of solid lead, it



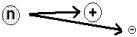







would have a 50:50 chance of interacting with the lead. You've got neutrinos zipping through you all the time – they don't hurt a thing. In this course we won't sweat the differences between neutrinos and anti-neutrinos. *Gamma decay* is the only one of these that doesn't change the element. Here we start with a nucleus that is in an excited state (remember ground and excited states for electrons on the first page?), which we denote with a "star" such as $^{238}_{92}\text{U}^*$. The excited nucleus can give up some or all of that energy and drop back towards the ground state, the more favorable place to be, by emitting a γ -ray. Note that since the gamma ray is uncharged and isn't a nuclear particle like a proton or a neutron, that the excited nucleus doesn't change its identity, so we end up with the same isotope we started with in gamma decay. Gamma decay is sometimes combined with other decay reactions, because the new isotopes formed by alpha or beta decay may end up being in an excited nuclear state. Unstable nuclei can also eject excess neutrons.

		Radiation stopped by:		
Alpha	α	$^4_2\text{He}^{+2}$ ion	paper	$^A_Z\text{X} \rightarrow ^{(A-4)}_{(Z-2)}\text{Y} + ^4_2\text{He}$
Beta	β	$^0_{-1}\text{e}$ electron or (β^+, β^-)	foil	$^A_Z\text{X} \rightarrow ^A_{(Z+1)}\text{Y} + ^0_{-1}\text{e} + ^0_0\bar{\nu}$ Beta-minus decay $^A_Z\text{X} \rightarrow ^A_{(Z-1)}\text{Y} + ^0_{+1}\text{e} + ^0_0\nu$ Positron (beta-plus) decay $^A_Z\text{X} + ^0_{-1}\text{e} \rightarrow ^A_{(Z-1)}\text{Y} + ^0_0\nu$ Electron capture (e.c.)
Gamma	γ	high energy photon (a form of light)	lead	$^A_Z\text{X}^* \rightarrow ^A_Z\text{X} + ^0_0\gamma$
Neutrino	ν	massless (?) bit of matter	virtually nothing, but it isn't dangerous	(see Beta reactions)
Neutron	n	"neutral proton"	paraffin (wax) and other absorbers	$^A_Z\text{X} \rightarrow ^{(A-1)}_Z\text{Y} + ^1_0\text{n}$

So now we have the information to discuss the three basic nuclear reactions: Fission, Fusion and Matter/Anti-Matter Annihilation.

Fission	Fusion	Annihilation
An excited nucleus, after absorbing a neutron, can split into fragments	Two nuclei are forced together and form a single nucleus	Two nuclei, of matter and anti-matter, collide and convert all their mass into energy ($E = mc^2$)
$^A_Z\text{X} + ^1_0\text{n} \rightarrow ^{(A+1)}_Z\text{X}^* \rightarrow ^Z_A + ^{(A+1)}_{(Z-2)}\text{B} + \text{Energy}$	$^A_Z\text{X} + ^a_Z\text{Y} \rightarrow ^{(A+a)}_{(Z+z)}\text{Z} + \text{Energy} + \text{Etc.}$	$^A_Z\text{X} + ^{-A}_{-Z}\bar{\text{X}} \rightarrow \text{Energy}$

*** Fusion processes may result in the emission of neutrinos as well, because of internal conversions of p & n 's.

		# of Protons	# of Neutrons	Comments
	Hydrogen-1 1_1H	1	0	The most common element in the Universe
	Neutron ${}_0^1n$	0	1	By itself, the neutron is unstable and will break up into a proton and an electron 
	Helium-2 2_2He	2	0	Without a neutron, these two protons won't form a nucleus
	Hydrogen-2 (Deuterium) 2_1H or 2_1D	1	1	Heavy hydrogen is about twice as massive as regular hydrogen; it is stable, but not nearly so common
	Hydrogen-3 (Tritium) 3_1H or 3_1T	1	2	Super heavy hydrogen is unstable (radioactive). Rare.
	Hydrogen-4	1	3	Three neutrons with only one proton – this just falls apart. Doesn't exist.
	Helium-4 4_2He	2	2	Very strongly held together nucleus. Helium likes to be Helium-4.
	Helium-3 3_2He	2	1	Another stable isotope of helium, but not as common.
	Helium-5	2	3	Helium-4 is so favorable, that Helium-5 would rather shed a neutron and become Helium-4.

Mass Energy

The game we play in nuclear reactions is one where we move energy and mass around. Deuterium (heavy hydrogen or Hydrogen-2) has a nucleus that consists of a proton and a neutron. So why do the p and the n stick together? Because it is *energetically feasible*, to use the words of nuclear physics. Every particle and every nucleus has a mass. Currently we define the *amu* or atomic mass unit as $1/12^{\text{th}}$ of the mass of a Carbon-12 nucleus. (Note: If you check the Periodic Table you'll see that Carbon is listed as having an atomic weight of 12.011. This is not a contradiction, because naturally occurring carbon is going to have both Carbon-12 and Carbon-13, etc.) ${}^{12}_6C$ has 6 protons and 6 neutrons, and a mass of 12.000 amu. But each proton by itself has a mass of 1.007825 amu and each neutron has a mass of 1.008665 amu. So, is the whole greater than the sum of its parts? Well, as you can see, 6 p's and 6 n's have more mass than that of the Carbon-12 nucleus. Since you can't just "hide" mass, forming the Carbon-12 nucleus must have some freed that excess mass as the *binding energy* for the nucleus, or the energy that holds it together.

$$6 \text{ protons} \times 1.007825 \text{ amu/proton} = 6.046950 \text{ amu}$$

$$6 \text{ neutrons} \times 1.008665 \text{ amu/neutron} = 6.051990 \text{ amu}$$

$$\text{Total mass of } 6 \text{ p} + 6 \text{ n} = 12.098940 \text{ amu}$$

$$\text{Carbon-12 (made of } 6 \text{ p and } 6 \text{ n)} = 12.000000 \text{ amu}$$

$$\text{Excess mass of pieces} = 0.098940 \text{ amu}$$

The conversion from mass to energy for our purposes is that 1 amu converts to 931 MeV. What's an MeV you say? Well, an *electron volt* or eV is an amount of energy equal to 1.602×10^{-19} J. It's a tiny amount of energy. 1 MeV is 1,000,000 eV or 1.602×10^{-13} J. So the formation of one Carbon-12 nucleus from bare protons and neutrons frees up $0.098940 \text{ amu} \times 931 \text{ MeV/amu} = 92.0142 \text{ MeV} = 1.47407 \times 10^{-11} \text{ J}$. This is the energy released by forming a Carbon-12 from scratch, and it is also the energy you'd have to give a Carbon-12 nucleus to get it to completely fall apart into 6 protons and 6 neutrons. The nuclear reaction can be written as: $6({}^1_1H) + 6({}_0^1n) \rightarrow {}^{12}_6C + \text{Energy}$.

${}_0^1n$ neutron	1.008665 amu
1_1H proton	1.007825 amu
2_1H deuteron	2.014102 amu
3_1H triton	3.016050 amu
4_2He helium	4.002603 amu

Find the binding energy of Carbon-12 if built out of Helium-4's.