

Metacognition Assignment: BIOS 1700 Reflective Essay Rubric

CRITERIA	POINTS EARNED + COMMENTS
<p><u>Practical Goal(s):</u> 4 points = Clearly and specifically describes the student's practical goals for BIOS 1700 and explains why these are the goals the student hopes to achieve. 2 points = Clearly and specifically describes the student's practical goals for BIOS 1700 but does not explain why these are the goals the student hopes to achieve. 0 points = No description of the practical goals the student hopes to achieve.</p>	
<p><u>Academic Goal:</u> 2 points = Gives the specific grade (the academic goal) the student hopes to earn in BIOS 1700 and explains why this is the grade the student hopes to earn. 1 point = Gives the specific grade (the academic goal) the student hopes to earn in BIOS 1700 but does not explain why this is the grade the student hopes to earn. 0 points = No description of the academic goal the student hopes to achieve.</p>	
<p><u>Satisfaction with Current Performance:</u> 4 points = States level of satisfaction with performance up to this point in the course, explains whether or not the student is meeting his/her expectations, and describes the progress being made toward practical and academic goals, indicates whether the student plans to adjust expectations or learning strategies. 2 points = Level of satisfaction with performance and whether or not expectations are being met are stated but discussion of the amount of progress being made toward practical and academic goals is generic and limited and does not indicate whether the student plans to adjust expectations or learning strategies. 0 points = Satisfaction with performance, whether or not expectations are being met, progress being made toward practical and academic goals, and adjustment of expectations or learning strategies are not discussed.</p>	
<p><u>Learning Strategies:</u> 9 points = Includes a two thirds page or longer discussion of how the student prepares for BIOS 1700 classes and exams. Discussion provides specific descriptions of the student's learning strategies as well as an explanation of why the student employs those learning strategies. 6 points = Includes a half page or longer discussion of how the student prepares for BIOS 1700 classes and exams. Discussion provides specific descriptions of the student's learning strategies but does not explain why the student employs those learning strategies. 3 points = The discussion of how the student prepares for BIOS 1700 classes and exams is generic and limited or is less than half a page long. 0 points = No discussion of how the student prepares for BIOS 1700 classes and exams is present.</p>	

	<p>Plan for the Future:</p> <p>9 points = Includes a <i>two thirds page or longer discussion</i> of the student's plan of action for the remainder of the semester, including a description of numerous learning strategies the student will continue to use or begin using <i>and an explanation</i> of why the student plans to use those strategies.</p> <p>6 points = Includes a <i>half page or longer discussion</i> of the student's plan of action for the remainder of the semester. Numerous learning strategies the student will continue to use or begin using are described but <i>an explanation of why the student plans to use those strategies is absent</i>.</p> <p>3 point = The discussion of the student's plan of action for the remainder of the semester is generic and limited or is less than half a page long.</p> <p>0 points = No description of the student's plan of action is present.</p>
	<p>Structure, Grammar, and Spelling:</p> <p>2 points = Essay is clearly and logically structured, well-written (3 or fewer spelling or grammatical errors), and conforms to length and style requirements.</p> <p>1 point = The essay is poorly structured or has several spelling and/or grammar problems (4 or more errors) but does conform to length and style requirements.</p> <p>0 points = No coherent structure is present in the essay or the essay does not conform to length and style requirements.</p>
	<p>TOTAL POINTS POSSIBLE = 30</p> <p>TOTAL POINTS EARNED = _____</p> <p>TOTAL POINTS EARNED (_____) x (5/3) = _____ out of 50 POINTS</p>