Mission Statement

As a result of participation in the developmentally sequenced physical education program provided in the Portage School District, students will demonstrate competence in selected physical skills, knowledge about physical activity and wellness as well as exhibit a positive attitude toward exercise which will enable them to participate in physical activity which meets their personal needs across their lifespan.

Demonstrate competence on selected sport-related skills

- Dominant Dribble 3
- Non-Dominant Dribble 4
- Cross-over Dribble 5
- Chest Pass 3, 4
- Bounce Pass 3, 4
- Overhead Pass 4, 5
- Set Shot 3, 4
- Pivot 4, 5
- Defensive Shuffle 5

Demonstrate competence on selected sport-related skill concepts

- 2-1-2 Zone 4, 5
- Foul 3
- Free Throw 5
- Offense 5
- In-Bounds 3, 4
- Three second zone 4
- Player Positions 4
- Violation 4
- Field Goal 4
- Defense 5
- Out-of-Bounds 3, 4

Instructional Objectives
Address skills in psychomotor, cognitive and affective (per social) Domains based on task analysis.

Instructional Sequence
Includes PRACTICE activities like Monkey in the Middle, Dribble Tag, Sideline Basketball, Slap Defense, Star Passing, Shuttle Relay, Team 21, "PIG".

Assessment of Outcomes