Before the test for Unit 3, students must submit the following set of study guide questions (62 points). These questions come from the Physical Education for Lifelong Fitness: The Physical Best Teacher's Guide (pages 300-302). Questions and responses must be typed, with each unit’s questions stapled together when submitted.

Terminology Review:
Questions 1-13 (1 pt each)

Fact Review:
Questions 1-7, 9-11, 15-20 (T = 1 pt, F = 2 pts; 1 for answer, 1 for correction)

Application Practice and Research:
Question 2 (8 pts), 4 (10 pts), 8 (5 pts), 10 (5 pts)