Your health-related plan of action should represent how you will realistically implement fitness instruction, assessment and revisions in your school. You will need to consider your setting, facilities, equipment and personnel, as this plan should improve YOUR health-related instruction. Address the components below to develop your plan. Please use headers to separate each section. This assignment, with a copy of this rubric, must be submitted by 9:00 AM Friday July 16, 2004.

Components

__/20 Description of your setting (facilities, equipment, personnel, admin. support, etc.)
__/20 Role of health-related fitness in your current instruction
__/20 Explanation/Justification for providing additional health-related fitness instruction
__/20 Identify specific goals that changing your curriculum will achieve
__/40 Identify the specific health-related changes you will implement (instruction, clubs, acts.)
__/40 Specific timeline for implementing the identified changes
__/50 Identify how you will evaluate these instructional changes (assessment materials, etc.)
__/20 Description of the sequential nature of changes (across grades you teach)
__/20 Format (APA style writing, 1” margins, 12-pt. font, grammar, spelling, organization)
__/50 Overall quality of final product

Additional comments: ____________________________________________________________
________________________________________

TOTAL GRADE:____/300